



**Nexus-PATH**  
FAMILY HEALING



2022 ANNUAL REPORT

# A Letter from Our CEO & Executive Director

Imagine the mental health system as this large, loosely connected net. We are all part of this net, from providers to insurers to hospitals, schools, communities, and you, our donors.

If we hope to tackle the youth mental health crisis in North Dakota and give every child and family the help they need, this net must be incredibly strong and well-connected – unfortunately, it is not.

To make progress and create a strong and well-connected net in our mental health system, **we must work together, be bold, challenge the status quo, and bring innovative solutions** to the table.

Through our work in the field and with community partners like you, over this past year Nexus-PATH has made considerable progress in helping youth and families and filling the gaps in that net.

## COMMUNITY MENTAL HEALTH SERVICES

Through our community mental health services, we help over 512 youth with in-school therapy, case management, and family support to reduce barriers to service and increase school success. This past year, we expanded our school-based services into every West Fargo elementary school, and grew our team of therapists as well as service locations through introducing telehealth appointment options.

## FOSTER CARE

Over 321 youth were helped through our foster care services, and your support allowed them to have similar experiences to their peers. Things like having the means and equipment to play sports, getting to attend summer camps, having new snow gear to enjoy playing outside, and learning new hobbies were all possible thanks to our community partners.

## Our Mission

**Changing the course of a child's life by stabilizing families and strengthening mental health.**



**Dr. Michelle K. Murray**  
President/CEO  
Nexus Family Healing



**Kate Coughlin**  
Executive Director  
Nexus-PATH Family Healing

## INDEPENDENT LIVING SERVICES

We supported over 380 youth as they aged out of foster care through our Independent Living Program. Your partnership and gifts allowed these young adults an easier transition into adulthood and provided them furnished apartments.

## RESIDENTIAL TREATMENT (LUTHER HALL)

Through the partnership with Great Plains Transport, we made updates to our family visitation rooms, supplied new sensory equipment to our sensory rooms, and provided all our youth with holiday gifts through our giving tree.

In the bold, capable hands of our new Executive Director, Kate Coughlin, the Nexus-PATH team will continue to identify needs, fill gaps, and innovate while maintaining the critical services we provide today. Every one of these programs makes that net stronger. **Thank you for your support in this journey to meet the needs of our community.**



# Our Services

## Foster Care

Children enter foster care for a variety of reasons. Whether a child enters for reasons related to a mental health diagnosis or due to an unsafe or unstable home environment, they are met with compassion and safety in a trauma informed home. Our treatment teams work collaboratively to pursue permanency options based on a child's unique circumstances and need.

Nexus-PATH's Independent Living Program prepares youth in foster who do not have a permanent connection to family with the support they need to successfully transition to independence.

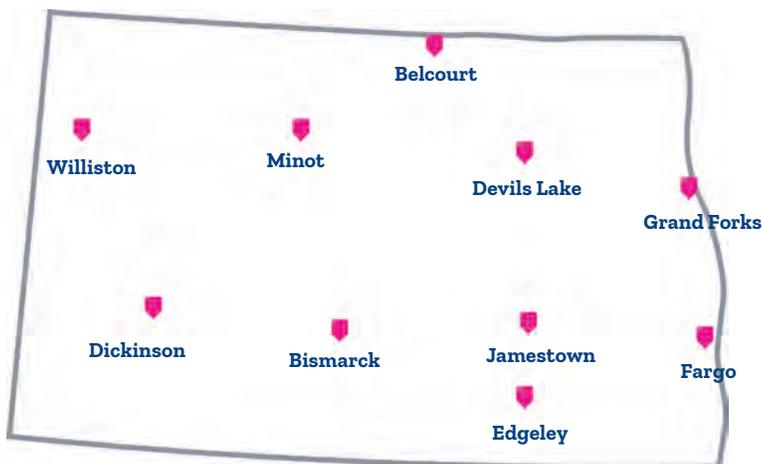
## Outpatient/Community Mental Health Services

We meet youth and families when and where they need us most. With programs in home, in schools, and through our outpatient clinic, our clients work with compassionate, experienced therapists and team members who offer guidance, support, skill building, and healing.

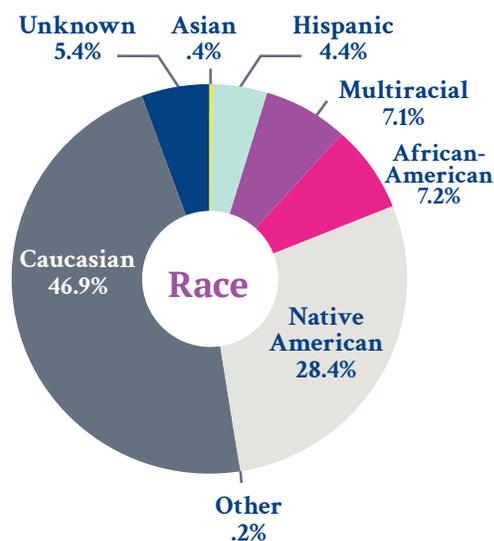
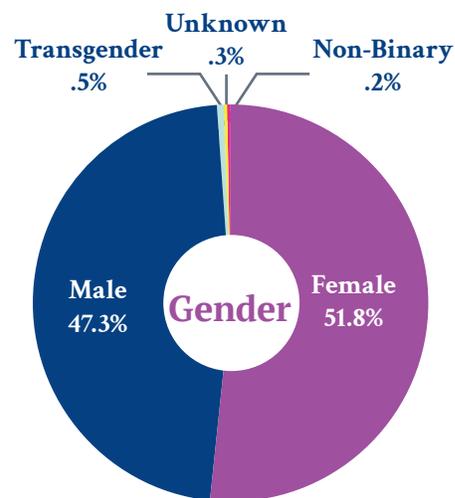
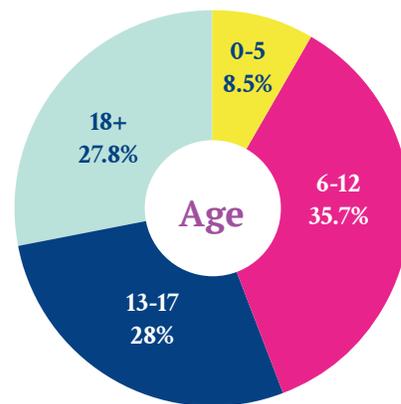
## Residential Treatment

We provide treatment programs at our residential facility, Luther Hall, for youth ages 10–17 who struggle with intensive mental, behavioral, and emotional health. Within a safe, trauma-informed environment, our youth get the intensive therapeutic support they need to heal, grow, and thrive.

# Support Across the State



# Who We Serve





## Gale's Story – An Open Mind to Foster Care

Giving back to her community has always been a major factor in Gale's life, but the question was how could she make the most meaningful impact? After experiencing a personal loss, her question was answered as she felt called to open her heart and home to foster care. It can be a big decision to bring a child or teen into your home, but Gale recounts, "Once I finished the licensing process, I knew that this was where I needed to be."

Over the last two and a half years, Gale has provided a safe and loving home to three teenage girls. Each child arrived with their own unique needs, experiences, and trauma. "It is extremely eye-opening when you see the needs and experiences some of these kids have lived through," said Gale. She has worked to be a champion for each child in her home, filling a critical role in their lives as their caretaker and protector. Together, they navigated challenges and built on successes together, all the while growing and modeling a healthy relationship.

With the successes of parenting also come obstacles. Currently, Gale cares for a teen girl, Sarah\*, who was matched to her home during the final months of her residential treatment programming. Sarah has a long and varied foster care experience which over the years has left her with a sense of distrust for adult connections and feelings that services had failed her over her lifetime. Knowing this, Gale set out to develop trust and a healthy connection to support an easier transition to the home setting. Gale engaged with Sarah's team through family therapy and worked tirelessly to build a relationship.

Fast forward to today – Sarah is thriving! The last year and a half have not been without some struggle, but together they have persevered. Gale has demonstrated the power of unconditional love and support by offering unwavering patience, empathy, and a willingness to partner with the youth in her home on their passage to healing. Sarah has also pushed herself to meet and exceed her own goals as the leader of her treatment foster care team. Together, they draw nearer to Sarah's adoption day and the future is looking incredibly bright! Gale's advice for prospective foster families is simple: go into this with an open mind. Though their story is far from over, the extraordinary result of this journey in foster care is just one-way foster parents like Gale embody our Nexus-PATH Family Healing vision to heal the past, break the cycle, and change the future.

*\*Names, images and other details have been changed to maintain privacy.*

# Financials

<b>CURRENT ASSETS</b>	<b>2022</b>	<b>2021</b>
Cash and cash equivalents	1,442,787	2,356,659
Accounts Receivable	1,524,002	2,155,387
Other receivables	714,722	528,170
Prepaid Expenses and the current assets	55,253	40,332
<b>Total current assets</b>	<b>3,736,764</b>	<b>5,080,548</b>

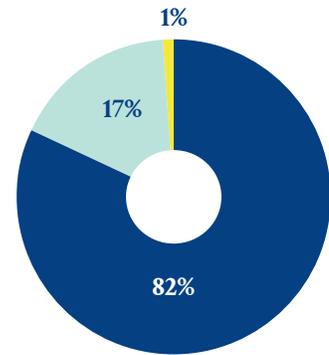
<b>NONCURRENT ASSETS</b>		
Property and equipment, net	1,637,020	27,753
Investment - other long term	464,963	501,083
Operating right of use asset	3,327,305	
Goodwill	51,000	51,000
<b>Total noncurrent assets</b>	<b>5,480,288</b>	<b>2,249,143</b>
<b>Total assets</b>	<b>\$9,217,052</b>	<b>\$7,329,691</b>

<b>CURRENT LIABILITIES</b>		
Accounts payable	661,709	538,683
Due to related party	635,738	871,477
Accrued salaries and benefits	627,626	723,260
Current maturities of operating lease liabilities	858,122	
Other accrued expense	98,187	347,431
Notes payable, current portion	164,217	147,867
<b>Total current liabilities</b>	<b>3,045,599</b>	<b>2,628,718</b>

<b>NONCURRENT LIABILITIES</b>		
Operating lease liabilities, less current maturities	2,469,183	
Notes payable, net of current portion	214,071	378,661
<b>Total noncurrent liabilities</b>	<b>2,683,254</b>	
<b>Total liabilities</b>	<b>5,728,853</b>	<b>3,007,379</b>

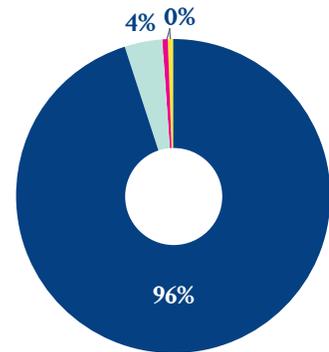
<b>NET ASSETS</b>		
Without donor restrictions	3,488,199	4,311,310
With donor restrictions		11,002
<b>Total net assets</b>	<b>3,488,199</b>	<b>4,322,312</b>
<b>Total liabilities and net assets</b>	<b>\$9,217,052</b>	<b>\$7,329,691</b>

# EXPENSES



Program.....	14,624,129
General and Administrative .....	3,128,585
Fundraising.....	102,373
<b>Total.....</b>	<b>17,855,087</b>

# REVENUE



Contract Revenue.....	16,137,152
Donations, Grants, Events.....	678,596
Other .....	32,022
Investment Revenue (loss).....	(30,645)
<b>Total.....</b>	<b>16,817,125</b>



Volunteers from Community Presbyterian Church collected household items for youth in the independent living program.

*“When you heal families, you heal communities which in turn changes the bigger picture of a kinder and healed world.”*



– Tina Bloch  
Recruitment & Licensing Social Worker  
Nexus-PATH

*“Thank you so much for supporting our community-based programs and clients at Nexus-PATH. Your generosity has helped provide basic needs for families who are struggling to make ends meet and allowed our youth to participate in activities that build friendships, social skills and discipline. Your donations have also enhanced and expanded programs and services that improve family relationships, school attendance and mental health/wellness. We greatly appreciate your kindness and support for our agency and our community!”*



– Shawna Croaker, LCSW  
Director of Community-Based Services  
Nexus-PATH Family Healing



School-based summer groups participating in art therapy.



Microsoft team members show off their charcuterie boards at a class benefiting Nexus-PATH.



## Nexus-PATH Family Healing Board of Directors

**Dr. Michelle K. Murray**

**Jay Janssen**  
Board Chair

**Jordan Crouse**  
Board Vice Chair

**Pat Podoll**  
Board Secretary

**Gregory Sanders**

**Lisa Bjergaard**

**Lori Brownshield**

**Anna Carlson**

**Kate Coughlin**

**Kylie Schultz**

**Carey Goetz**

**Kendra Chandler**

**Nelia Nyaruwata**

**Tamara Peters**

**Margaret Vimont**

## Nexus-PATH Leadership

**Kate Coughlin**  
Executive Director

**Tonya Greywind**  
Associate Executive Director

**Christina Marette**  
Regional Finance Director

**Rebecca Clemenson**  
Human Resources Manager

**Sarah DeYonge**  
Marketing Manager

**Colleen Hardy**  
Regional Development Director  
(North Dakota)

*\*Supporting Nexus-PATH through  
Nexus Foundation for Family Healing*

## Connect with Us!

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& Nexus Family Healing on     YouTube

Sign up for news and happenings at [nexusfamilyhealing.org/subscribe](https://nexusfamilyhealing.org/subscribe) >>



Visit our website at [NexusPATH.org](https://NexusPATH.org)



## No child or family is ever beyond hope.

Nexus-PATH Family Healing is part of Nexus Family Healing, a national nonprofit network of mental health agencies with over 50 years of restoring hope for thousands of children and families through outpatient/community mental health services, foster care and adoption, and residential treatment. Whatever your needs, Nexus Family Healing is here to help. Learn more at [NexusFamilyHealing.org](https://NexusFamilyHealing.org).

### Administration

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### Bismarck

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### Dickinson

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Phone (701) 225-3310

### Jamestown

300 2nd Ave. NE., Suite 202  
Jamestown, ND 58401  
Phone (701) 251-9150



Nexus-PATH Family Healing is a nonprofit, 501(c)(3) organization and is a tax-exempt public charity under section 501(c)(3) of the Internal Revenue Code, EIN #91-2159746.